



Dymond Designs Beauty School  
3300 E. Jefferson Ave. Ste. 450  
Detroit, MI 48207  
313-974-6164

## **CURRICULUM AND COURSE OUTLINE- ADVANCED ESTHETICS**

### **COURSE DESCRIPTION:**

The primary purpose and goal of the **Advanced Esthetics Program** is to rapidly train students to have a strong and advance foundation in Esthetics with an up-to-date text for career learning with introductory topics such as science basics, infection control, manipulative skills, safety judgements, proper work habits, and desirable attitudes necessary to achieve competency in job entry-level skills. Students will be trained to receive state licensure and gainful employment. The Advanced Esthetics Program will prepare students to receive a Certificate of Completion as an esthetician, lash extensionist, Hydra Facialist, and training with certification with the professional skin care line (Dermalogica), facial equipment and advanced equipment, brow lamination, brow rehab, hair removal, FX-Makeup, advanced hair removal, chemical exfoliation, chemical peels, proper consultation evaluations, skin analysis, best practices, and advanced skin treatments. This program is a **750** clock-hour course that may run 23 weeks (full-time), 35 weeks (part-time).

### **CLASS TIMES:**

Day Class: Tuesday - Saturday 8:30am - 4:00pm

Evening Class: Tuesday - Friday 5:00pm - 9:00pm and Saturday 8:30am - 4:00pm

### **COURSE GOALS:**

Upon completion of this 750 clock-hour course the student shall have demonstrated practical and advanced skills along with theoretical key competencies required to pass the state exam through the Michigan Department of Licensing and Regulations. Students are allowed to take the exam at 400-clock hours or upon completion of the 750-clock hour course. Students will have demonstrated the ability to:

- Understand the fundamentals of Esthetics.
- Understand and utilize required sterilization & sanitation processes and procedures.
- Be introduced and orientated to user group training for CIMA (digital training platform) Milady.
- Understand and properly utilize the chemicals, procedures, and processes associated with Esthetics.

- Understand and demonstrate the use of Dermalogica and Hydra Facial.
- Practice effective communication skills, visual poise, and proper grooming.
- Respect the need to deliver worthy service for value received in an employer-employee relationship.
- Perform basic and advanced manipulative skills in the areas of facial massages, with the effective use of implements and equipment, proper application of makeup (corrective/FX special affects etc.), unwanted hair removal, and lash applications which includes lash extensions.
- Apply academic and practical learning and related information to ensure sound judgements, decisions, and procedures.
- Continue advancing for career success by learning new and current information related to skills, trends, and methods for career development in esthetics and related career positions.
- Learn and practice skincare treatments that are trending with professional skincare treatments and products with Dermalogica and Hydra Facial partners.
- Learn and develop business skills and training.

### **COURSE FORMAT:**

The course will be a combination of lectures, problem solving, question and answer, role-playing, competitions, student presentations/projects, classroom activities/games, demonstration, and student participation. Students will be provided instruction in skin care services. The student will demonstrate their knowledge of Esthetics theory and application ability through their completion of the required practical and clinic activities. Instruction will be supplemented with guest artists, visual aids, and other instructional techniques. Exams will be given at the end of each unit of study. Students will need to complete practical procedures for each unit of study which will be evaluated by their instructor. Students are assigned and evaluated on lab/clinical assignments during their training and all evaluations are based on written/practical applications and lab work.

### **METHOD OF INSTRUCTION:**

Theory/Practical content will be taught using reading, on-line content, in-person training, lecture, video media, computer-based learning activities and in-person demonstration by instructors or licensed professionals. This program has the option for in-person or digital training (if applicable) for this course. Technology is also used to deliver methods of instruction to students who are not learning in-person. The use of technology supports regular substantive interaction between the students and instructor. On-line lectures and/or demonstrations (live or virtual) will be given from instructors and/or licensed professionals with the use of the CIMA platform and Zoom (if applicable). Computer based learning activities are offered in-person and through distant education which includes reading assignments, practice quizzes, games that are focused on content reinforcement and videos that are assigned for all chapters using the CIMA platform which is the textbook on-line software companion. Computer-based learning is also available for students who are eligible for distance education. However, all methods of delivery are taught in-person.

Successful completion of this course will require the use of a laptop or other electronic device to access CIMA, Zoom and other platforms that Dymond Designs Beauty School will use to enrich the educational environment.

In-person education will be used for this course. In-person education is considered education that is provided to the student in-person on the campus. All in-person and digital practical applications will be

reviewed and overseen by a licensed instructor. Additionally, practical evaluations and mock exams will be in-person in a proctored environment.

## **UNIT OUTLINES:**

### **FUNDAMENTALS**

#### **PART 1 SKIN FOUNDATIONS**

- Career Opportunities and History of Esthetics
- Anatomy & Physiology
- Physiology & History of the Skin
- Disorders and Diseases of the Skin/Advanced skin Disorders/Skin Distress
- Skin Analysis
- Skin Care Products: Chemistry, Ingredients, and selection

#### **PART 2 SKIN CARE TREATMENTS**

- The Treatment Room
- Facial Treatments
- Facial Massage
- Hair Removal
- Makeup Essentials
- Advanced Topics and Treatments

### **FOUNDATIONS**

#### **PART 1 SOFT SKILL & TOOLBOX**

- Life Skills
- Professional Image
- Communicating Success

#### **PART 2 HEALTH & PUBLIC SAFETY**

- Healthy Professional
- Infection Control
- Chemistry & Chemical Safety
- Electricity & Electrical Safety

#### **PART 3 BUSINESS SKILLS**

- Career Planning
- On the Job
- The Beauty Business

Upon completion of the Advanced Esthetics Program students will have demonstrated practical and advanced skills along with theoretical key competencies in the following:

- Anatomy and disorders
  - Artistic principles/makeup
  - Facial/skin care techniques
  - Chemistry/occupational safety and health administration
  - Temporary removal of hair
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- The Treatment Room
  - Facial Treatments
  - Facial Massages
  - Facial Machines
  - Hair Removals
  - Advanced Topics and Treatments
  - The World of Makeup
  - Lash Extensions
  - Chemical Peels
  - FX Make-Up
  - Brow Lamination
  - Brow Rehab
  - Chemical Exfoliation
  - Consultation and Skin Analysis
  - Hydra Facial Treatments

**SUBJECT:**

1. Sanitation/ Patron protection, laws and rules, Personal hygiene, Salon management.
2. Mechanical and electrical equipment safety
3. Anatomy and disorders
4. Artistic principles/makeup
5. Facial/skin care techniques
6. Chemistry/occupational safety and health administration
7. Temporary removal of hair

**TOTAL HOURS: 750**

**COURSE EVALUATION:**

Written exams are given at the end of each unit of study. During the unit of study where practical procedures need to be completed, they will also be evaluated. Students are assigned a minimum number of lab requirements. Students are given progress reports during their training. Upon completion of their training students' evaluations are based on written and practical applications and lab work.

**GRADING SYSTEM USED FOR ALL TESTS IS AS FOLLOWS:**

90-100%	EXCELLENT
80-89%	GOOD
75-79%	SATISFACTORY
BELOW 75%	FAILING

**ATTENDANCE:**

All students are expected to attend classes and be involved in the learning process. Students are required to attend class thirty-five hours per week (full-time) and twenty-three hours per week (part-time) unless specific curriculum changes have been approved. Students must be clocked in by 8:45 a.m. and 5:45 p.m. daily. Any student who is late cannot clock in unless authorized by the school director or instructor.

**REFERENCES, BOOKS, PERIODICALS:**

Milady Standard Esthetics Fundamentals Textbook (hard copy/digital book)  
Milady Standard Esthetics Foundations Textbook (hard copy/digital book)  
Milady Lash Textbook  
Milady Advanced Services & Electrolysis & Hair  
State of Michigan Barbering and Cosmetology Law Book (Occupational Code, Related Statutes, Administrative Rules, and Related Rules)